CPH EXAM CHECKLIST

SELF-ASSESSMENT

☐ **REVIEW THE CONTENT OUTLINE**
Make sure you are familiar with all the topics on the certification exam. Finding domains where the tasks seem unfamiliar may indicate an area you need to study.

☐ **REVIEW THE SAMPLE QUESTIONS**
NBPHE provides ten sample questions to give you a general sense of how CPH questions are written so you know what to expect.

☐ **TAKE A PRACTICE EXAM**
NBPHE offers two free CPH practice exams, which are the most accurate representations of the CPH exam. How you perform on a practice exam should guide you in deciding where to study. Take the practice exams at least once or more to see how you are improving.

☐ **CREATE A STUDY PLAN**
Once you understand which domain areas are your strongest and which you may need to focus on more, create a study plan. NBPHE offers study tips for preparing for a certification test and a Personal Action Plan worksheet to guide your study plan.

BEGIN TO STUDY

☐ **PURCHASE CPH STUDY MATERIALS**
Study materials are excellent resources for an overview of what to expect on a certification exam. There are three different study guides available for the CPH.
- **NBPHE CPH Test Run** - An online resource with unlimited access to practice items and flashcards to identify areas you may need to strengthen before your CPH exam.
- **APHA CPH EXAM REVIEW GUIDE** - A print study guide with a written overview of each domain and sample exam questions.
- **SPRINGER CPH Q&A EXAM REVIEW** – A print study guide with over 600 multiple-choice, single-best-answer questions with answers and detailed rationales.

☐ **WATCH ARCHIVED CPH REVIEW WEBINARS**
Access NBPHE's archived webinars that review each domain area on the CPH exam to help review the content of each domain.

☐ **LOOK FOR UPCOMING REVIEW CLASSES**
NBPHE hosts virtual and in-person review sessions throughout the year where you can pick up valuable info from expert presenters as you prepare for your CPH exam.

☐ **SCHEDULE YOUR EXAM**
You have spent many hours preparing and now it's time to schedule your exam. Good luck!

For links to the resources above, visit: https://www.nbphe.org/cph-study-resources/