

CPH EXAM CHECKLIST



SELF-ASSESSMENT

- REVIEW THE CONTENT OUTLINE**

Make sure you are familiar with all the topics on the certification exam. Finding domains where the tasks seem unfamiliar may indicate an area you need to study.
- REVIEW THE SAMPLE QUESTIONS**

NBPHE provides ten sample questions to give you a general sense of how CPH questions are written so you know what to expect.
- TAKE A PRACTICE EXAM**

NBPHE offers three CPH practice exams (two free and one paid), which are the most accurate representations of the CPH exam. How you perform on a practice exam should guide you in deciding where to study.
- CREATE A STUDY PLAN**

Once you understand which domain areas are your strongest and which you may need to focus on more, create a study plan. NBPHE offers study tips for preparing for a certification test and a Personal Action Plan worksheet to guide your study plan.



BEGIN TO STUDY

- PURCHASE CPH STUDY MATERIALS**

Study materials are excellent resources for an overview of what to expect on a certification exam. There are three different study guides available for the CPH.

 - NBPHE CPH Test Run - A subscription-based tool with access customizable practice items and flashcards to identify areas you need to strengthen before your CPH exam.
 - APHA CPH EXAM REVIEW GUIDE - A print and electronic study guide with a written overview of each domain and sample exam questions.
 - SPRINGER CPH Q&A EXAM REVIEW – A print study guide with over 600 multiple-choice, single-best-answer questions with answers and detailed rationales.
- WATCH ARCHIVED CPH REVIEW WEBINARS**

Access NBPHE's archived webinars that review each domain area on the CPH exam to help review the content of each domain.
- LOOK FOR UPCOMING REVIEW CLASSES**

NBPHE hosts virtual and in-person review sessions throughout the year where you can pick up valuable info from expert presenters as you prepare for your CPH exam.
- SCHEDULE YOUR EXAM**

You have spent many hours preparing and now it's time to schedule your exam. Good luck!

For links to the resources above, visit: <https://www.nbphe.org/cph-study-resources/>